#### **ACCREDITATION**

This course has been awarded 28 CPD by the Nursing and Midwifery Board of Ireland (NMBI), reflecting its high standard and relevance for professional development in healthcare.





Proudly endorsed by Social Care Ireland - SCI

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- INDIVIDUAL PAYMENT PER MODULE = €39.99
- 7 MODULES PURCHASED TOGETHER = €159.99

#### **GROUP COSTS**

10% DISCOUNT ON 10-24 LEARNERS 20% DISCOUNT ON 24-50 LEARNERS 30% DISCOUNT 51-100 LEARNERS 40% DISCOUNT 101 - 200 LEARNERS 50% DISCOUNT OVER 200 LEARNERS



The National Institute of Intellectual Disability Studies (NIIDS) is Ireland's first training marketplace using Person-Centred approaches. Partnering with experts like Tizard Centre (UK) and BILD ACT, we address challenges in transitioning to New Directions, upskilling staff, and meeting HIQA standards.

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Find out about the Autism Programmes here at www.niids.ie

National Institute of Intellectual Disability Studies



National Institute of Intellectual Disability Studies

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# Foundations in Autism: From Theory to Practice

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# National Institute of Intellectual Disability Studies



#### Foundations in Autism: From Theory to Practice - 7 Module Programme

The Autism Programme is a comprehensive, cutting-edge training series designed to equip learners with the knowledge and skills needed to effectively understand and support autistic individuals. Grounded in a neurological perspective, the programme connects theory and practice to provide evidence-based strategies tailored to the unique needs of this population. Here's how the programme stands out from a marketing perspective:

#### Aim of Programme

The aim of this programme is to provide learners with a comprehensive understanding of autism, its core characteristics, and associated challenges, framed within a neurological and practical context. By exploring evidence-based strategies, learners will be equipped to support individuals with autism effectively, foster inclusive environments, and promote lifelong development and well-being.

## **Unique Selling Points (USPs)**

#### 1. Neurological Framework:

The programme focuses on the neurological foundations of autism, examining brain connectivity, sensory processing, and mental health to understand autistic experiences.

#### 2. Comprehensive Content:

Seven interconnected modules provide a holistic understanding of autism, covering characteristics, communication, and legal aspects across life stages.

#### 3. Practical Insights:

Combining theory with real-world applications, the course equips participants to foster inclusion, address sensory needs, and support mental health.

#### 4. Broad Audience Appeal:

Designed for educators, health professionals, parents, and legal advocates, the programme offers content relevant to diverse needs.

# THE SEVEN MODULES

#### **Module 1: Introduction to Autism**

Builds a foundational understanding of autism through a neurological lens.

#### **Module 2: Characteristics of Autism**

Explores core traits and neurological differences, offering tailored support strategies.

# **Module 3: Sensory Processing Disorder**

Covers sensory integration's neurological basis, addressing all eight sensory systems with practical strategies.

#### **Module 4: Communication and Social Interaction**

Focuses on the Double Empathy Problem and neurodiverse communication styles, with strategies for meaningful interactions.

## **Module 5: Autism, Mental Health, and Co-Occurring Conditions**

Examines links between brain connectivity and mental health challenges like ADHD, anxiety, and intellectual disability.

# **Module 6: Lifespan Perspectives on Autism**

Explores changing needs and supports for autistic individuals from childhood to aging.

#### Module 7: Autism and the Law

Covers legal rights and advocacy within a legal framework.

